

# CENTER for VICTIM RESEARCH

*Building an evidence base for victim services*

## The Brief Betrayal Trauma Survey (BBTS)

ment:

lications related to this instrument

erg, L. R. (2004). *Gender difference in exposure to betrayal trauma*.  
20th Annual Meeting of the International Society for Traumatic Stress Studies,  
November 14-18, 2004.

eyd, J. J. (2006). Self-reports of potentially traumatic experiences in an adult  
: Gender differences and test-retest stabilities of the items in a brief-betrayal-  
*al of Trauma & Dissociation*, 7(3), 39-63.

use: This section describes what this instrument was designed to measure.

veloped as a modification of the Betrayal Trauma Inventory (BTI)<sup>1</sup>, which is an  
ure that looks at various types of traumas experienced and their impact.  
a betrayal of trust, such as abuse by a caregiver, has a different impact than  
ot involve a betrayal of trust, such as a natural disaster. Betrayal trauma  
and lasting consequences than other forms of trauma. This means that  
ayal trauma from other forms of trauma is important to treatment, however,  
I is limited by the fact that it takes an average of 45 minutes to complete. The  
rayal Trauma Survey (BBTS) was to keep the instrument as short as possible  
as many different types of trauma as possible.

<sup>1</sup> Freyd, J.J., DePrince, A.P., & Zurbriggen, E.L. (2001). Self-reported memory for abuse depends upon the victim-perpetrator relationship. *Journal of Trauma & Dissociation*, 2, 5-17.

**Background and Development:** How and why this instrument was developed.

The survey was piloted with a community-based sample of 749 adults as part of a larger study. The BBTS included 12 items evaluating different forms of trauma. Based on the results of the pilot study, the instrument was revised.

Versions of this survey modified for specific populations and in additional languages can be found at <https://dynamic.uoregon.edu/jjf/bbts/index.html>

**Psychometrics (if applicable):** Any testing of this instrument.

Information on testing of the BBTS can be found at <https://dynamic.uoregon.edu/jjf/bbts/>

**Link to Instrument:** Link to the instrument if available.

<https://dynamic.uoregon.edu/jjf/bbts/items.html> or see attached.

**Submitted by:** Jennifer Freyd certified permission to publicly share this instrument.



# Personal Experiences

We hope that you trust us to keep your responses in complete confidence and privacy; this is the reason that we ask you not to include your name on any of our questionnaires. Nonetheless, if you feel uncomfortable answering any of the more intimate questions in this section, just skip them, and go on to the next section. **For each item below, please mark one response in the columns labeled "Before Age 18" AND one response in the columns labeled "Age 18 or Older."**

	BEFORE AGE 18			AGE 18 or OLDER		
	ONE or TWO TIMES NEVER	MORE THAN THAT	NEVER	ONE or TWO TIMES	MORE THAN THAT	NEVER
<b>Have each of the following events happened to you, and if so, how often?</b>						
Been in a major earthquake, fire, flood, hurricane, or tornado that resulted in significant loss of personal property, serious injury to yourself or a significant other, the death of a significant other, or the fear of your own death .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been in a major automobile, boat, motorcycle, plane, train, or industrial accident that resulted in similar consequences .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Witnessed someone with whom <u>you were very close</u> (such as a parent, brother or sister, caretaker, or intimate partner) committing suicide, being killed, or being injured by another person so severely as to result in marks, bruises, burns, blood, or broken bones. This might include a close friend in combat .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Witnessed someone with whom you were <u>not</u> so close undergoing a similar kind of traumatic event .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Witnessed someone with whom <u>you were very close</u> deliberately attack another family member so severely as to result in marks, bruises, blood, broken bones, or broken teeth .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You were deliberately attacked that severely by someone with whom <u>you were very close</u> .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You were deliberately attacked that severely by someone with whom you were <u>not</u> close .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You were made to have some form of sexual contact, such as touching or penetration, by someone with whom <u>you were very close</u> (such as a parent or lover) .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You were made to have such sexual contact by someone with whom you were <u>not</u> close .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You were emotionally or psychologically mistreated over a significant period of time by someone with whom <u>you were very close</u> (such as a parent or lover) .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experienced the death of one of your own children .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experienced a seriously traumatic event not already covered in any of these questions .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>