Weight-based Teasing by Peers and Family Members

Author(s) of Instrument: Dianne Neumark-Sztainer

Key References: Publications related to this instrument


Primary Use/Purpose: This section describes what this instrument was designed to measure.

This survey was developed to allow for assessing the relationship between weight-based teasing and health-related outcomes.

Background and Development: How and why this instrument was developed.

These survey questions were developed for the Project EAT survey based upon measures developed by Thompson and his colleagues¹, and their research indicating the importance of examining the frequency of teasing, different sources of teasing (i.e., peers and family members), and the effect of teasing (i.e., how much it bothers those teased).

The Project EAT survey went through multiple revisions based upon input from a team of experts from diverse professional backgrounds, members of the University of Minnesota Youth Advisory Board, and 7th and 10th grade students who took the survey. Test-retest reliability was assessed in a separate sample of 161 adolescents over a 2-week period.

**Psychometrics (if applicable):** Any testing of this instrument.

Ever been teased by other kids: test-retest Kappa = 0.59  
Ever been teased by family members: test-retest Kappa = 0.78

Additional information is available at [http://www.sphresearch.umn.edu/epi/project-eat/](http://www.sphresearch.umn.edu/epi/project-eat/)

**Link to Instrument:** Link to the instrument if available.

See attached.

**Submitted by:** Dianne Neumark-Sztainer submitted this instrument to the CVR Instruments Collection and certified permission to publicly share this instrument.
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1a. Have you ever been teased or made fun of by other kids because of your weight?
[No] [Yes]

1b. If yes, how much did this bother you?
[I have not been teased because of my weight by other kids]
[Not at all] [A little bit] [Somewhat] [Very much]

2a. Have you ever been teased or made fun of by family members because of your weight?
[No] [Yes]

2b. If yes, how much did this bother you?
[I have not been teased because of my weight by other kids]
[Not at all] [A little bit] [Somewhat] [Very much]