

CENTER for VICTIM RESEARCH

Building an evidence base for victim services

MOVERS (Measure of Victim Empowerment Related to Safety)

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Key References: Publications related to this instrument.

Goodman, L. A., Cattaneo, L. B., Thomas, K., Woulfe, J., Chong, S. K., & Smyth, K. F. (2015). Advancing domestic violence program evaluation: Development and validation of the Measure of Victim Empowerment Related to Safety (MOVERS). *Psychology of Violence, 5*(4), 355-366.

Primary Use/Purpose: This section describes what this instrument was designed to measure.

MOVERS is a 13-item scale that measures survivor empowerment within the domain of safety. It is available in English and Spanish. It is composed of three subscales that assess distinct domains of safety related empowerment: Internal Tools assesses the extent to which a survivor has developed a set of safety-related goals and a belief in her ability to accomplish them; Expectation of Support assesses the degree to which a survivor perceives that she has the support she needs to move towards safety; and Trade-offs assesses the extent to which the survivor feels that her efforts to achieve safety will trigger new problems. Participants respond to each item using a five-point Likert scale (from “never true” to “always true”). Scores on each subscale are summed and averaged to produce subscale scores.

A Spanish version of this instrument is also included.

Background and Development: How and why this instrument was developed.

MOVERS was developed in the context of an ongoing community-based participatory research project in response to the need for domestic violence and sexual assault programs to evaluate the effectiveness of their programs.

Psychometrics (if applicable): Any testing of this instrument.

This instrument demonstrates a strong factor structure and high reliability and validity in IPV survivors seeking services.

Link to Instrument: Link to the instrument if available.

https://sites.google.com/s/1NJa9tAhIXZEXtMoAxUj7cZAoexQwm-QP/p/1mQH8IGhg7drZcVZXYTack6_On_5wgE2i/edit or see attached.

Submitted by: Lisa Goodman submitted this instrument to the CVR Instruments Collection and certified permission to publicly share this instrument.

YOUR SAFETY

You may be facing a variety of different challenges to safety. When we use the word *safety* in the next set of questions, we mean safety from physical or emotional abuse by another person. *Please circle the number that best describes how you think about your and your family's safety right now. When you are responding to these questions, it is fine to think about your family's safety along with your own if that is what you usually do.*

	Never True	Sometimes True	Half the Time True	Mostly True	Always True
1. I can cope with whatever challenges come at me as I work to keep safe.	1	2	3	4	5
2. I have to give up too much to keep safe.	1	2	3	4	5
3. I know what to do in response to threats to my safety.	1	2	3	4	5
4. I have a good idea about what kinds of support for safety that I can get from people in my community (friends, family, neighbors, people in my faith community, etc.).	1	2	3	4	5
5. I know what my next steps are on the path to keeping safe.	1	2	3	4	5
6. Working to keep safe creates (or will create) new problems for me.	1	2	3	4	5
7. When something doesn't work to keep safe, I can try something else.	1	2	3	4	5
8. I feel comfortable asking for help to keep safe.	1	2	3	4	5
9. When I think about keeping safe, I have a clear sense of my goals for the next few years	1	2	3	4	5
10. Working to keep safe creates (or will create) new problems for people I care about	1	2	3	4	5
11. I feel confident in the decisions I make to keep safe	1	2	3	4	5
12. I have a good idea about what kinds of support for safety I can get from community programs and services	1	2	3	4	5
13. Community programs and services provide support I need to keep safe.	1	2	3	4	5

Note: Measure of Victim Empowerment in the Domain of Safety (MOVERS); Goodman, L.A., Bennett Cattaneo, L.B., Thomas, K., Woulfe, J., Chong, S.K., & Smyth, K.F. (2015). Advancing domestic violence program evaluation: Development and validation of the Measure of Victim Empowerment Related to Safety (MOVERS). *Psychology of Violence*, 5, 4, 355-366.

SU SEGURIDAD

Usted puede estar enfrentando una variedad de dificultades para mantenerse segura/o. Cuando usamos la palabra *seguridad* en el próximo grupo de preguntas, nos referimos al abuso físico y emocional causado por otra persona. *Por favor evalúe cada punto en la lista según describa la manera en la que usted se siente sobre su seguridad y la de su familia en estos momentos. Cuando esté respondiendo a estas preguntas, está bien pensar en su seguridad tanto como en la de su familia, si así usted lo acostumbra*

	No es verdad	A veces es verdad	La mitad del tiempo es verdad	Casi siempre es verdad	Siempre es verdad
1. Puedo enfrentarme a cualquier reto para mantener mi seguridad.	1	2	3	4	5
2. Tengo que renunciar a demasiadas cosas para mantener mi seguridad.	1	2	3	4	5
3. Yo sé cómo responder a amenazas a mi seguridad.	1	2	3	4	5
4. Yo sé que tipos de apoyo con respecto a mi seguridad puedo obtener en mi comunidad (amigos, familia, vecinos, gente de mi comunidad de fé)	1	2	3	4	5
5. Yo sé cuáles son los siguientes pasos para mantenerme seguro/a.	1	2	3	4	5
6. Mis intentos para mantener mi seguridad crean o van a crear nuevos problemas para mí.	1	2	3	4	5
7. Cuando algo no está funcionando para mantener mi seguridad, yo puedo intentar algo diferente.	1	2	3	4	5
8. Me siento cómodo/a pidiendo ayuda para mantener mi seguridad.	1	2	3	4	5
9. Cuando pienso en mi seguridad, tengo claras mis metas para el futuro.	1	2	3	4	5
10. Mis intentos para mantener mi seguridad crean o van a crear nuevos problemas para la gente que yo quiero.	1	2	3	4	5
11. Me siento seguro/a de las decisiones que tomo para mantener mi seguridad.	1	2	3	4	5
12. Tengo una buena idea de qué tipo de apoyo puedo conseguir de los programas	1	2	3	4	5

comunitarios para mantener mi seguridad.					
13. Hay programas comunitarios y servicios sociales que pueden proveer el apoyo y los recursos que yo necesito para mantener mi seguridad.	1	2	3	4	5

Measure of Victim Empowerment in the Domain of Safety (MOVERS): Goodman, L.A., Bennett Cattaneo, L.B., Thomas, K., Woulfe, J., Chong, S.K., & Smyth, K.F. (2015). Advancing domestic violence program evaluation: Development and validation of the Measure of Victim Empowerment Related to Safety (MOVERS). *Psychology of Violence*, 5, 4, 355-366.